Welcome and Overview of Functional Medicine	7
Why I Put This Resource Together	9
Functional vs Integrative Medicine	10
There Are So Many Programs! Where Do I Start?!	11
Free and Low-Cost Resources	12
Monthly/Yearly Subscription-Based Education	14
Degree-Based Education	15
Board Certifying Organizations	16
Comprehensive Programs	17
Organizations that provide CME for Allopathic Medical Clinicians	18
Annual Conferences	19
Mentorship Options	20
Business/Entrepreneur Support	21
List of Organizations by Specific Topics	22
Autoimmune Disease	23
Environmental Illnesses	24
Genomics	25
Gut Health	26
Health Coaching	27
Herbalism	29
Hormones: Adrenal	30
Hormones: Reproductive	31
Hormones: Thyroid	32
Infectious Disease and Immunology	33
Integrative Medicine	34
Lifestyle Medicine/Core Competencies	35
Men's Health	36
Mental Health	37
Metabolic Health and Weight Management	38

Mycotoxin Illness	39
Nutrition (Emphasis on Functional Nutrition)	40
Oncology	41
Pain Management	42
Pediatrics	43
Regenerative Medicine	44
Test Interpretation	45
Women's Health	46
3X4 Genetics (Yael Joffe) Foundational Course	47
Academy for Integrative Medicine (AIM)	48
Academy of Integrative Health and Medicine (AIHM)	49
Advanced Applications in Medical Practice (AAMP)	50
Advanced Mold Immune Course	51
American Academy of Anti-Aging Medicine (A4M)	52
American Academy of Environmental Medicine (AAEM)	54
American Academy of Functional Health (AAFH)	55
American College of Advancement in Medicine (ACAM)	56
American College of Lifestyle Medicine (ACLM)	57
Ancestral Health	59
Apex Energetics	60
Apollo Health	61
Arizona Center for Integrative Medicine	62
Association for Advancement of Restorative Medicine (AARM)	63
Aviva Romm	64
Big Boost Marketing	66
Botanical Medicine & Medicine from Earth	67
Brian Walsh's Practice Up (Metabolic Fitness Pro)	68
Canadian College of Naturopathic Medicine (CCNM)	69
Clinical Development Program with Dr. Kara Fitzgerald	70

Clinician Business Labs with Dr. Meghan Walker	71
Cogence	72
Dr. Daniel Amen's Brain Health Professional Certification Course	73
Dr. Jill Crista's Course on Mold Training	74
Dr. Lara Salyer	75
Dr. Ruscio: Future of Functional Medicine Review	76
Dr. Paul Anderson's All-Webinar Monthly Subscription	77
Dr. Tieraona Low Dog's Foundations in Herbal Medicine	78
EBV Educational Institute with Kasia Kines	79
Elizma Lambert OAT training	80
Evan Hirsch M.D.: VirtualMD	81
Freedom Practice Coaching (FPC)	82
Functional Diagnostic Nutrition (FDN)	83
Functional Medicine Fast Track	85
Functional Medicine Success Academy	86
Functional Medicine University (FMU)	87
Functional Neurology Seminars	88
Functional Nutrition Lab (aka Holistic Nutrition Lab)	89
Gaeta Institute	90
George Washington University School of Medicine and Health Sciences	92
Health Master's Live	93
Hedberg Institute	94
Huntington University	95
Institute for Functional Medicine (IFM)	96
Institute for Women's Health and Integrative Medicine	99
Integrative Health Symposium (IHS)	100
Integrative Medicine for Mental Health (IMMH)	101
Integrative Medicine for Underserved (IM4US)	102
Integrative Medicine Academy	103

Integrative Women's Health Institute	104
IntellxxDNA	105
International Lyme and Associated Diseases Society (ILADS)	106
International Society for Environmentally Acquired Illness (ISEAI)	107
Invisible Medicine: Montecalvo Foundation	108
Kalish's Mentorship (Functional Medicine Education)	109
Kharrazian Institute	111
Kresser Institute: ADAPT Academy	113
Living Proof Institute: Perfect Practice Mentorship	115
Lyme Disease Mentorship & Certification Program with Dr. Tom Moorcroft	116
Lyme Ed with Nicola Ducharme ND	117
Maggie Berkhoff	118
Maryland University of Integrative Sciences	119
Mastering Brain Chemistry at the Walsh Research Institute	120
Medical Academy of Pediatric Special Needs (MAPS)	122
Metabolic Healing Institute	123
Northeast College of Health Sciences: Master's in Applied Clinical Nutrition	124
NutriGenetic Research Institute	125
Pomeroy Institute	126
Practice Accelerator	127
Probiotic Advisor	128
Psychiatry Redefined	129
Saybrook University: College of Integrative Medicine and Health Sciences	131
School of Applied Functional Medicine (SAFM)	132
Seeds Scientific Research and Performance (SSRP) Institute	134
Seeking Health with Dr. Ben Lynch	136
Shawn Tassone MD, PhD Hormone Mastery Course	137
SIBOCON	138
Symposia Medicus	139

The SIBO Doctor	140
University of Bridgeport: Master's in Human Nutrition	141
University of Western States: Human Nutrition and Functional Medicine	142
Wahls Protocol Certification	143
WorldLink Medical	145
List of Books Mentioned in This Resource	146
Summary	147