

# FUNCTIONAL MEDICINE COMPREHENSIVE PROGRAMS: OVERVIEW

	<b>IFM</b>	<b>FMU</b>	<b>Kresser</b>	<b>Kalish</b>	<b>SAFM</b>	<b>A4M</b>	<b>Aviva Romm</b>
<b>Full Name of Organization</b>	<u>Institute for Functional Medicine</u>	<u>Functional Medicine University</u>	<u>Kresser Institute</u>	<u>Kalish Institute</u>	<u>School of Applied Functional Medicine</u>	<u>American Academy of Anti-Aging Medicine</u>	<u>Aviva Romm's Women's Functional &amp; Integrative Medicine</u>
<b>What sets program apart from others?</b>	<b>*Science-heavy</b> ("drinking from a firehose"); more conventionally trained practitioners accept and pursue this due to the focus on EBM	<b>*Cost and duration</b> *Lifetime access to materials and new webinars	*Practical application of functional medicine <b>*Detailed business education</b> (aka won't likely need additional business training)	<b>*Case-based</b> learning (over 2000 searchable cases)	<b>*Cost</b> <b>*Practical application</b> of functional medicine *Searchable clinical Q&A database	<b>*Many topics</b> and options for education	*Focuses on <b>women's health</b> *Covers majority topics for functional medicine education
<b>Summary Overview</b>	*Most "acceptable" per conventionally trained practitioners due to in depth focus on molecular biology, EBM, and CME offerings  *In personal experience, you get a lot of information that needs to be sorted through per one's own learning styles  *Since unbiased for CME coverage, cannot provide a lot of specific lab interpretation education, protocols, or treatment guidelines	*One of least expensive and shortest course duration  *Covers a wide variety of topics  *In personal experience, website is not easy to navigate and difficult to get ahold of anyone if inquiring into the program, but I haven't heard anything bad about the actual education content per graduates	*Most complete program in terms of covering functional medicine education and business education  *Best for those just getting into functional medicine  *Protocols and lab interpretations included  *In personal experience, the material is easy to read and learn from, but doesn't cover advanced topics (yet) which can deter those already involved in functional medicine	*Covers functional medicine education with some business education  *Case based learning is great for clinical application  *Smaller class provides more individual attention and guidance  *In personal experience, Dr. Kalish is very humble and a great educator - I have not heard anything negative per colleagues about his program	*One of the least expensive options  *Focuses on practical clinical utilization of functional medicine with scientific education (instructor is a graduate of MIT)  *60% of students are conventionally trained  *In personal experience, Tracy is a great educator and I haven't heard anything negative about the program	*Another program option that is more "acceptable" by conventionally trained practitioners  *A good amount of CME offered  *Includes more options for education on specific topics that many other programs don't offer  *In personal experience, I enjoy the topics but the organization can be pushy on promotion (i.e. phone calls, mail, email)	*Newest program, provided by a well-respected herbalist/mid-wife turned Yale-trained MD  *Focus on women's health but many topics are still applicable to men  *In personal experience, Dr. Romm is a great educator and puts EBM at the forefront of her treatments and patient care (while recognizing that logical explanations and approaches don't always need science for support)